



**FEDERAZIONE ITALIANA
SPORT DEL GHIACCIO**



INDIVIDUAL AND RELAY CONFIRMATION FORM

For the best preparation of the program, we kindly ask you to fill in the form below and to send it to us by e-mail elena@tecnocarta.com and competitors.shorttrack@fisg.it by 18:00 on Wednesday October 2nd. If not delivered or not delivered in time, we will assign all skaters to all distances. Thanks in advance for your co-operation

ISU Member _____

Category **WOMEN**

3000m RELAY: **YES** **NO**

Name of skater	Individual participation					
	1500m (1)	500m (1)	1000m (1)	1500m (2)	500m (2)	1000m (2)

Category **MEN**

5000m RELAY: **YES** **NO**

Name of skater	Individual participation					
	1500m (1)	500m (1)	1000m (1)	1500m (2)	500m (2)	1000m (2)

MIXED TEAM RELAY

YES

NO

COMPETITORS STEWARD

(Elena and Michela)